

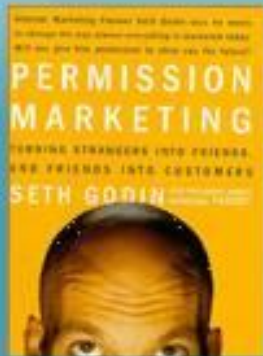


"Live Your Best Life."

Oprah

Recommended Audio:

Permission Marketing – Seth Godin



Very insightful to learn how to "turn strangers into friends and friends into customers"

Available at:
barnesandnoble.com
\$ 20.00 USD
(they will ship to Canada)

It's Vacation Time – Leave the Office Behind

What are your plans for summer vacation? A cottage, beach vacation, maybe a camping adventure? Are your bathing suit and sandals packed -- and your latest technology gadget -- the Blackberry or cell phone with speed dial to the office?

I'm the first to admit that I feel like I'm cutting off my right arm when I leave my technology links behind -- but it's so worth it. I'm always amazed at how my brain can truly rejuvenate on a technology-free vacation. We all need that break from the day-to-day worry about boss and client expectations.

Leaving work worries behind lets you enjoy real quality time. Building a sandcastle with the kids is remarkably therapeutic or maybe you're keen to try a new BBQ recipe. Perhaps for you the answer is a little "me-time." Listening to the sounds of crickets is so much more soothing than that constant cell phone ring tone!

For my vacation I'll be travelling with my family on our boat in Lake Erie. It's a great way to rejuvenate -- the stresses just roll away into the waves. I'm leaving the technology tools behind and I encourage you to do the same -- you won't regret it!

Enjoy a relaxing summer vacation!

Lisa Leitch

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"The summer sales meeting was great and I found everything you presented to be very helpful. You have excellent sales knowledge and speaking skills, this was one of the best selling strategy meetings I have ever attended!"

Janie Smith, District Account Manager – The Next Trend Design